

# Tidewater Council – Boy Scouts of America

## Introduction to Outdoor Leader Skills Training (S22) Personal Record

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Unit: \_\_\_\_\_ District: \_\_\_\_\_ Mentor's Name: \_\_\_\_\_ Start Date: \_\_\_\_\_

The mentor will initial and date the block by each skill following the participant Scouter's satisfactory demonstration of the skill and explanation of how to present the skill to Scouts.

<u>Skill</u>	<u>Date</u>	<u>Initial</u>
<b>The American Flag</b>		
Raise, Fold, & Display		

<b>Tents &amp; Shelter</b>		
Pitching a Tent		

<b>Ropes &amp; Lashing</b>		
Whip & Fuse Ends		
Taut-Line Hitch		
Clove Hitch		
Shear Lashing		
Bowline		
Two-Half Hitches		
Timber Hitch		
Square Lashing		
Diagonal Lashing		
Square Knot		

<b>Woods Tools</b>		
Knife		
Axe - Methods		
Camp Saw		
Sharpening Tools		

<b>Camp Fires</b>		
Tinder		
Kindling		
Fire Fuel		
Extinguishing		

<b>Cooking</b>		
Menu Planning		
Backpack Stove		
Clean-up		

<b>Additional Skills</b>		
Map Reading		
Compass Reading		
Measuring		
Orientation		
Hiking Basics		
Animal Identification		
Leave No Trace Camping		
Plant Identification		
Camp and Pack Basics		

<b>Tenderfoot First Aid</b>		
Cuts & Scratches		
Minor Burns & Scalds		
Hand & Foot Blisters		
Bites & Stings of Insects		
Poisonous Snake Bites		
Heimlich Maneuver		
Identify Poisonous Plants		
Nosebleed		
Frostbite & Sunburn		

<b>Second Class First Aid</b>		
Serious Bleeding		
Internal Poisoning		
Object in the Eye		
Rabid Animal Bite		
Puncture in the eye		
Serious Burns		
Heat Exhaustion		
Shock		
Heatstroke		
Dehydration		
Hypothermia		
Hyperventilation		

<b>First Class First Aid</b>		
Head Injury Bandage		
Upper Arm Bandage		
Collarbone Bandage		
Sprained Ankle Bandage		
Transport Victim: Smoke		
Transport Victim: Sprain		
Five Signs of Heart Attack		
Explain Basic CPR		

Participant Scouter Signature: \_\_\_\_\_

Mentor Signature: \_\_\_\_\_

Date Completed: \_\_\_\_\_

District Training Signature: \_\_\_\_\_